



Family Support Workshop

A monthly educational program for family members of veterans living with serious mental illness

Next session: Saturday, September 24th, 10:00am – 11:30am

**Where: Baltimore VA Medical Center, Room 2B-136
(2nd floor, to the left off of elevator or escalator)**

Who can attend?

Veterans can attend the workshop along with their family members or other important people in their life. Family members can also attend on their own.

What types of topics are covered?

Topics change from month to month to best meet the needs of those who participate in the program. The program is designed to be engaging, informative, and to provide practical information for those who attend. The topic for this program is:

“Problems with Sleep and Psychiatric Disorders”

Do I have to attend all of the sessions ?

The program is flexible – you can attend just one session, or as many sessions as you would like.

How do I register for this program ?

To register for the workshop, please contact Dr. Aaron Murray-Swank (Phone: (410) 605-7000, Ext. 4756; Email: Aaron.Murray-Swank@med.va.gov). Please feel free to call with questions.

FREE PARKING available in hospital garage, Refreshments Provided

VA Maryland Healthcare System
Mental Illness Research, Education, and Clinical Center (MIRECC)
10 North Greene Street; Baltimore, MD